

Curriculum Vitae

Yana Svatko, B.A. Hons.

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EDUCATION

- 2014 - 2019 **Bachelor of Arts, Psychology, Honours**, University of British Columbia, Vancouver, BC
Honours Thesis 1: *Investigating the relationship between emotional intelligence, sexual function, and satisfaction*
Supervisors: Dr. Lori Brotto, Dr. David Klonsky, and Cara Dunkley
Honours Thesis 2: *Is my body the ideal? Differences in body comparisons between Euro-Caucasian and East Asian undergraduate students*
Supervisors: Dr. Frances Chen and Patrick Klaiber

HONOURS & AWARDS

- April 2018 **Poster Presenter Award**
UBC Psychology Undergraduate Research Conference, Vancouver, BC
- 2016 - 2019 **Dean's List**, UBC
- 2016 - 2019 **Trek Excellence Scholarship**, UBC
- 2016 – 2018 **Student Scholarship in Arts**, UBC

PUBLICATIONS (PEER REVIEWED)

1. **Svatko, Y.**, Dunkley, C. R., & Brotto, L. A. (2021, under review). Disordered eating and sexual concerns in Chinese and Euro-Caucasian undergraduate women. *Canadian Journal of Human Sexuality*.
2. Dunkley, C. R., **Svatko, Y.**, & Brotto, L. A. (2021, under review). Sexual concerns in women with an eating disorder: An internalizing spectrum approach to understanding comorbidity. *The Journal of Sex Research*.
3. Dunkley, C. R., **Svatko, Y.**, & Brotto, L. A. (2020). Eating disorders and sexual function reviewed: A trans-diagnostic, dimensional perspective. *Current Sexual Health Reports*, 1-14.
doi:10.1007/s11930-020-00236-w

MANUSCRIPTS (IN PREP)

1. **Svatko, Y.**, Dunkley, C. R., Chang, S., & Brotto, L. A. (2021). Emotions and sex: Can my emotional intelligence impact my sexual functioning and satisfaction and what does culture have to do with it? *Journal of Sexual Medicine*.

RESEARCH EXPERIENCE

2017 - Present

Sexual Health Research Laboratory

Department of Obstetrics and Gynaecology, UBC, Vancouver, BC, Canada

Position: Volunteer Research Assistant, Study Coordinator, Honours Student

Supervisors: Dr. Lori Brotto; Cara Dunkley

Research areas: I assisted in research investigating provoked vestibulodynia, sexual dysfunctions, eating disorders, and the impact of emotional intelligence on sexuality. Currently, I am conducting research on cultural differences in sexual function, sexual distress, and disordered eating.

- Online survey development (RedCap & Qualtrics)
- Prepared study materials, literature reviews, consent and debriefing forms, ethics applications, BREB amendments, and study renewal forms
- Completed data entry and data cleaning tasks
- Created data and research summary tables for publications
- Recruited participants from UBC's Psychology Human Subject Pool system (HSP), hospitals, and in-patient eating disorder clinics
- Managed honorariums for participants
- Screened participants for provoked vestibulodynia
- Prepared manuscripts for publication and revised proofs for journal submission
- Trained research assistants
- Statistical analysis (SPSS): correlations, regressions, ANOVA/ANCOVA, effect sizes, alphas, simple moderation

2018 - 2019

Social Health Laboratory

Department of Psychology, UBC, Vancouver, BC, Canada

Position: Volunteer Research Assistant, Honours Student

Supervisors: Dr. Frances Chen; Patrick Klaiber

Research areas: I assisted in research investigating social comparisons in couples, body comparisons in female undergraduate students, and the relationship between hormone contraceptive use and depression in teens

- Administered in-lab computerized surveys to groups of participants
- Utilized morphing technology to create arrays of emotional faces for an emotional recognition task
- Connected with study participants on a weekly basis to reduce attrition rates for daily diary studies
- Collected data and conducted statistical analyses
- Edited oral presentation slides for Graduate student
- Trained in daily diary applications, psychophysiology/biofeedback recording, hormonal sampling, administering computerized lab tasks, and the Trier Social Stress task.

PRESENTATIONS (PEER-REVIEWED)

Svatko, Y., Dunkley, C. R., Brotto, L. A. (2021, accepted). *Sexual concerns and sexual insecurities in women with an eating disorder*. Poster to be presented at the Canadian Sex Research Forum, Online.

Svatko, Y., Dunkley, C. R., Brotto, L. A. (2021). *Distress, distractions, and disordered eating: Sexual concerns and eating behaviours in Chinese and Euro-Caucasian undergraduate women*. Poster presented at the International Academy of Sex Research Conference, Online.

Klaiber, P., **Svatko, Y.,** & Chen, F.S. (2019). *The impact of agentic and communal values on social comparison in romantic relationships*. Talk presented at the Close Relationships Preconference of the Society for Personality and Social Psychology, Portland, OR, USA.

PRESENTATIONS (OTHER)

Svatko, Y., Klaiber, P., & Chen, F.S. (2019). *Body comparison differences in Euro-Caucasian and East Asian undergraduate students*. Talk presented at the UBC Psychology Undergraduate Research Conference, Vancouver, BC, Canada.

Svatko, Y., Dunkley, C. R., Chang, S., Klonsky, D., & Brotto, L. A., (2018). *Emotional intelligence and sexual function*. Poster presentation at the UBC Psychology Undergraduate Research Conference, Vancouver, BC, Canada.

TEACHING EXPERIENCE

2015 - 2016 **Volunteer Russian Language Assistant [RUSS 101/102 Introductory Russian]**
Department of Central, Eastern, and Northern European Studies, UBC, Vancouver, BC

CERTIFICATES

February 2021 **Sex and Gender in Primary Data Collection**
CIHR Institute of Gender and Health

AFFILIATIONS

2021 – Present **Canadian Sex Research Forum**, Associate Member

2020 – Present **Women's Health Research Cluster**, Cluster Trainee

2017 – 2020 **The Adlerian Psychology Association of BC**, Student Member

2017 – 2019 **Psychology Students Association of UBC**, Student Member

PROFESSIONAL DEVELOPMENT & WORKSHOPS ATTENDED

April 2021	Challenging Cases: Navigating the New Consensus Guideline on Persistent Genital Arousal Disorder/Genito-Pelvic Dysesthesia International Society for the Study of Women's Sexual Health, Online
March 2021	Statistical Considerations When Planning a Research Project Vancouver Coastal Health, Online
March 2021	6th Annual Women's Health Research Symposium Vancouver Coastal Health Research Institute, Virtual Conference, Online
September 2020	Eating Disorders; Depression, Anxiety, & Comorbidities Looking Glass Foundation for Eating Disorders, Online
January 2019	Psychophysiology & The Trier Social Stress Task Depression, Anxiety, and Stress Lab & Social Health Lab, UBC, Vancouver, BC
May 2017	Introduction to Qualtrics Vancouver Coastal Health, Vancouver General Hospital, Vancouver, BC
May 2017	BREB & Rise Ethics Submission Comprehensive Workshop Vancouver Coastal Health, Vancouver General Hospital, Vancouver, BC
May 2017	Introduction to RedCap Survey Platform Vancouver Coastal Health, Vancouver General Hospital, Vancouver, BC

COMMUNITY SERVICE

2020 – Present	Peer Support , Looking Glass Foundation for Eating Disorders, Vancouver, BC
2018	CENES (Central, Eastern, and North-Eastern Studies) Department Reviewer , UBC
2010 – 2011	Volunteer , Canadian Blood Services, Vancouver, BC
2009 – 2012	Volunteer , Vancouver General Hospital

LANGUAGES

English , Native Language
Russian , Native Language
French , Intermediate
Korean , Novice, Intermediate